

# Pre-K Post

September 18, 2020

Another week of pre-k has zoomed by and we are having so much fun! We worked on counting, number identification, talked about clocks and their purpose, played a game about positional words and acted out several nursery rhymes. During Read Aloud, we read the books, Charlie Anderson, Penny Butter Fudge and Jalapeño Bagels.

We took a nature walk and discovered lots of cool things....wild dandelion, cucumbers and flowers growing in our school garden and lots of mushrooms. Today, we noticed the mushrooms were gone because Mr. Gaines mowed the grass.

Our Wow Experience of the week was watching Coach Walker juggle. He juggled bean bags, scarves and balls. Then we practiced juggling two scarves.

We haven't been able to play on our playground this week because of the rain and work they are doing on our ramp. So we exercised inside. Most days every week, we do four yoga poses with words: "warrior" pose means "I am strong", "tree" pose means "I am brave", "chair" pose means "I am kind" and "downward dog" pose means "I am friendly". We also like to stretch before rest time. Ask your little one to show you.

## Menu:

M: Soy butter & Jelly Sandwich w/ Tortilla Chips, salsa, Veggie Juice, Assorted Fruit

T: Turkey and Cheese Croissant, Baby Carrots, Salad, Assorted Fruit

W: Pepperoni Pizza Anytimer, Grape Tomatoes, Veggie Juice, Assorted Fruit

T: Yogurt & Cheese Plate, Black Beans, Cucumbers, Assorted Fruit

F: Turkey Ham & Cheese Anytimer, Baby Carrots, Corn, Assorted Fruit

\*Milk is served with every meal

**\*\*Fall Holiday: Monday, September 28<sup>th</sup>, no school**

Call, e-mail, text or REMIND if you have any questions or concerns.

Have a great weekend!

